

## VOLUNTEERING & OPPORTUNITIES

### CANCER AID MERTHYR TYDFIL NEEDS YOUR HELP!

#### •DRIVING •SHOPS •FUNDRAISING

We need to recruit volunteers, to help us run our services.

If you have spare time on your hands and would like to make a difference to your community then please volunteer for your local cancer charity.

Sparing a few hours every week really does make a big difference, and by supporting our charity you are also supporting your community.

Benefits of volunteering:  
You can gain new skills, make new friends and increase self- confidence.

#### MAKE A DIFFERENCE

Volunteering also gives you the feel-good factor and a sense of purpose.



Anyone can become a volunteer, so why not make a difference today and join our volunteering community at Cancer Aid Merthyr Tydfil.



To apply to volunteer with Cancer Aid Merthyr Tydfil:

Telephone: 01685 379633  
Email: [info@canceraidmerthyr.co.uk](mailto:info@canceraidmerthyr.co.uk)

Cancer Aid Merthyr Tydfil offer practical and emotional help for anyone whose lives have been touched by cancer living in the Merthyr Tydfil Borough. All services are free of charge.

We offer: ●Transport to all cancer related hospital appointments ● One to one counselling ● Couples counselling ● Family/children's counselling ● Aromatherapy ● Reflexology ● Reiki ● Podiatry for cancer patients ● Telephone support ● Drop-in centre ● Welfare benefits referrals ● Volunteering opportunities ● Fundraising opportunities ● Signposting to other organisations ● Social events ● Support groups

Cancer Aid Merthyr Tydfil will provide any relevant training for our volunteering posts, we are also on hand to give any advice and feedback in relation to their role.

# VOLUNTEER FUNDRAISER

## ROLE PURPOSE:

To organise fundraising events , help-out at bucket collections, bag packing events etc.

## ROLE BENEFITS:

- Satisfaction of generating much needed funds for your local charity
- Community fundraising helps build relationships with people.
- Each contribution big or small really does make all the difference.

Charity No:1101769



## Volunteer fundraiser

There are many ways you can volunteer fundraise of Cancer Aid Merthyr Tydfil. You can help-out at fundraising events or organise your own event.

Ideas for fundraising could be:

- Online auctions
- Virtual quiz
- Sponsored events
- Raffles
- Use your creative skills and make things to sell



HELPING THOSE WHOSE LIVES HAVE BEEN TOUCHED BY CANCER

# VOLUNTEER DRIVER

## ROLE PURPOSE:

To provide transport for clients to and from their cancer related outpatient appointments.

## ROLE BENEFITS:

- Meet new people and gain new experiences.
- Job satisfaction.
- Giving back to your community.

Charity No:1101769



Can you spare a few hours once a week?

Do you have access to your own fully insured vehicle?

If so, why not volunteer for your local cancer charity Cancer Aid Merthyr Tydfil and become part of our volunteering community.



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# SHOP VOLUNTEER

## ROLE PURPOSE

To volunteer in our charity shop and help raise funds which go toward funding our services

## ROLE BENEFITS:

- Meet new people and gain new skills
- Job satisfaction.
- Giving back to your community.

Charity No:1101769



## Charity Shop Volunteer Role:

- To serve customers and record purchases and operate the till.
- To work with staff and other volunteers to sort, steam, hang, ticket and size donated clothing, Bric a Brac etc. for sale in the shop
- To help keep the shop clean.
- To assist with shop displays.
- Represent the professional standards of the charity.



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