

### *Shelf Guide*

306.483	Sports Sociology
611	Anatomy and Physiology
612.76	Biomechanics
613	Health Promotion
617.1027	Sports Injury
790	Outdoor Leadership
796.01	Sports Psychology
796.077	Coaching

### *Journals*

Health & Fitness

Back Issues are available in the Learning Zone.



### *Electronic Resources on Moodle*

FINDit - Library catalogue of resources.

Ebrary - Ebooks

JStor - Journals, Books and primary sources.

Sport Wales - Website of resources and information.



### *Study Skills Support Workshops*

- Getting ready for academic study
- Computer Skills
- Exam Skills
- Referencing & understanding plagiarism
- Research principles
- Reading & notemaking
- Time management
- Essay writing skills
- Groupwork & effective presentations
- Academic writing
- Confidence with numbers
- Proofreading

### *Specialist Support Topics:*

- Improving Numeracy and Mathematics
- Improving Literacy and English: speaking, reading, spelling and writing.
- Improving essential/key skills: Communication, Application of number and ICT.
- Digital Literacy
- Bilingual Support

Tutors or learners can request additional support, enquire within the Learning Zone.

## Facilities

Quiet rooms for all learners to use for exam revision and quiet study.

Multimedia room available to book for group discussions and practising group presentations.

Access to PCs and laptops for use within the Learning Zone.

## 'How to' Guides

There are general study guides on a variety of topics in the Learning Zone and on Moodle. E.g How to create a leaflet, how to search FINDit.

The Harvard Referencing Guide is available on Moodle.



## Contact Us

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## Subject Guides: Sport

