



OF **EDINBURGH**

FOR INFORMATION ON VOLUNTEERING **RAY O'NEILL** RAY.O'NEILL@MERTHYR.GOV.UK

Perhaps the best place to start is to ask yourself three questions:

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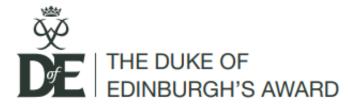
What issues/causes/organisations am I interested in?

What do I want to gain from my volunteering?

What time and what skills do I have to offer?

Links to volunteering information: https://www.dofe.org/dofew ithadifference/activities/vol <u>unteering/</u>

To help you choose your volunteering activity, take a look at our ideas list, below:



Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your

You can find more information at DofE.org/do and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see DofE.org/do for the requirements).

The Duke of Edinburgh's Award is a Registered Charity No: 1072490, and in Scotland No: SC038254, and a Royal Charter Corporation No: RC000806 Registered Office: Gulliver House, Madeira Walk, WINDSOR, Berkshire SL4 1EU Doff.org 05/08/19

Be what you want to be with your DofE...photographer, campaigner, coder, DJ; the list is endless. Try something new or choose activities you know you love - either way, you'll gain skills, make friends and achieve an Award that'll set you up for life.



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Volunteering with the DofE, The College MerthyrTydfil

The College, Merthyr Tydfil provides its students with the opportunity to participate in the Duke of Edinburgh's Award (DofE).

The DofE is a voluntary, noncompetitive programme of activities for anyone aged 14-25 Volunteering is part of the DofE programme, the aim is to inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.

The DofE is regarded as one of the best personal development programmes for young people.

Some of the biggest UK companies provide the DofE Gold Award within their apprenticeship and trainee programmes. GE Aviation, British Gas, Marks and Spencer, Amey are some examples.

If you want to find out more or to enrol in this rewarding programme then please contact: Ray O'Neill - DofE Coordinator Email: joneill@merthyr.ac.uk Tel No: 07974 417788

