

DUKE OF EDINBURGH

FOR INFORMATION ON VOLUNTEERING

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Perhaps the best place to start is to ask yourself three questions:

What issues/causes/organisations am I interested in?

What do I want to gain from my volunteering?

What time and what skills do I have to offer?

Links to volunteering information:

<https://www.dofe.org/dofewithadifference/activities/volunteering/>

To help you choose your volunteering activity, take a look at our ideas list, below:



Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at DofE.org/do and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and

experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see DofE.org/do for the requirements).

Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Young carer
- Youth work

Working with the environment or animals

- Animal welfare
- Environment
- Rural conservation
- Preserving waterways
- Working at an animal rescue centre
- Litter picking
- Urban conservation
- Beach and coastline conservation
- Zoo/farm/nature reserve work

Coaching, teaching and leadership

- Dance leadership
- DofE Leadership
- Group leadership
- Head student
- Leading a voluntary organisation group
 - Girls' Venture Corps
 - Sea Cadets
 - Air Cadets
 - Jewish Lads' and Girls' Brigade
 - St John Ambulance
 - Scout Association
 - Air Training Corps
 - Army Cadet Force
 - Boys' Brigade
 - CCF
 - Church Lads' & Girls' Brigade
 - Girlguiding UK
 - Girls' Brigade
- Sports leadership
- Music tuition

Community action & raising awareness

- Campaigning
- Cyber safety
- Council representation
- Drug & alcohol education
- Home accident prevention
- Neighbourhood watch
- Peer education
- Personal safety
- Promotion & PR
- Road safety

Helping a charity or community organisation

- Administration
- Being a charity intern
- Being a volunteer lifeguard
- Event management
- Fundraising
- Mountain rescue
- Religious education
- Serving a faith community
- Supporting a charity
- Working in a charity shop

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Be what you want to be with your DofE...photographer, campaigner, coder, DJ; the list is endless. Try something new or choose activities you know you love – either way, you'll gain skills, make friends and achieve an Award that'll set you up for life.



Volunteering with the DofE, The
College MerthyrTydfil

The College, Merthyr Tydfil provides its students with the opportunity to participate in the Duke of Edinburgh's Award (DofE).

The DofE is a voluntary, non-competitive programme of activities for anyone aged 14-25

Volunteering is part of the DofE programme, the aim is to inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.

The DofE is regarded as one of the best personal development programmes for young people.

Some of the biggest UK companies provide the DofE Gold Award within their apprenticeship and trainee programmes. GE Aviation, British Gas, Marks and Spencer, Amey are some examples.

If you want to find out more or to enrol in this rewarding programme then please contact:

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